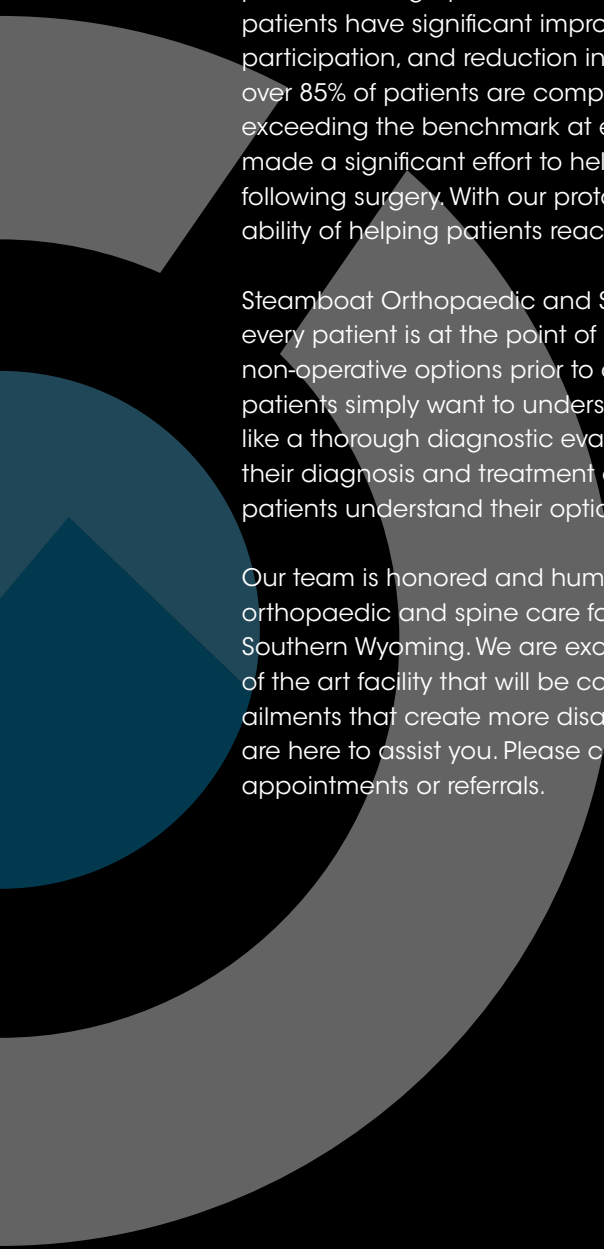


2019 OUTCOMES REPORT







Navigating Orthopaedic and Spine surgery without assistance can be overwhelming. Many people have friends and family members with variable outcomes after surgery and it can be difficult to make sense of these differences. The providers at Steamboat Orthopaedic and Spine Institute believe that total transparency in surgical outcomes is the patient's right. Dr. Devin has been a leader in developing a national database to provide patients with transparency surrounding their surgical care. We collect data on patient satisfaction, pain, function, and complication rates on all of our surgical patients with at least a 98% follow-up rate at one year. This means we track nearly all patients, and our statistics are a true reflection of surgical quality. This is information that we are proud to provide to patients and referring providers. The graphs included in this brochure demonstrate that patients have significant improvement in physical function, social participation, and reduction in pain following surgery. Furthermore, over 85% of patients are completely satisfied with their outcome, exceeding the benchmark at elite medical centers. Lastly, we have made a significant effort to help patients achieve opioid independence following surgery. With our protocol we have had an unprecedented ability of helping patients reach this goal.

Steamboat Orthopaedic and Spine Institute understands that not every patient is at the point of requiring surgery. This is why we utilize all non-operative options prior to considering surgical intervention. Many patients simply want to understand the source of their pain, and would like a thorough diagnostic evaluation, along with education, regarding their diagnosis and treatment options. We take the time to make sure patients understand their options.

Our team is honored and humbled to provide quality comprehensive orthopaedic and spine care for patients in Northern Colorado and Southern Wyoming. We are excited to provide this care in our new state of the art facility that will be completed July of 2020. There are few ailments that create more disability than musculoskeletal pain, and we are here to assist you. Please call 970-879-6663 or fax 970-871-1234 for appointments or referrals.

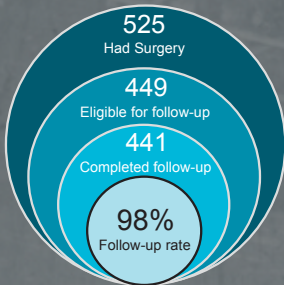


# 2019 OUTCOMES REPORT

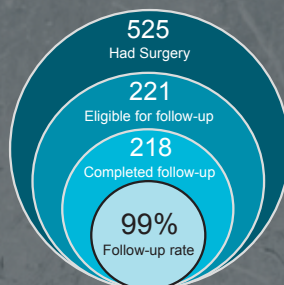
## SPINE DESCRIPTIVE

Patient Data Collected Since 2018

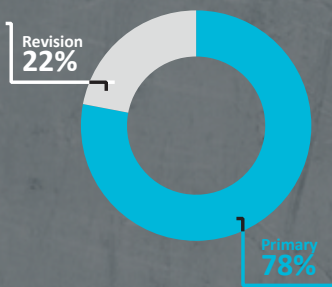
SPINE | 3 Month Follow-up Rate



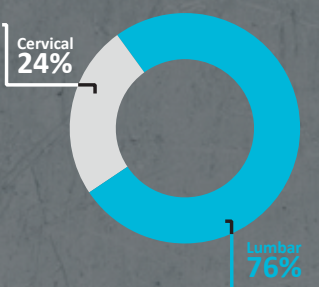
SPINE | 12 Month Follow-up Rate



SPINE | Primary and Revision Surgery

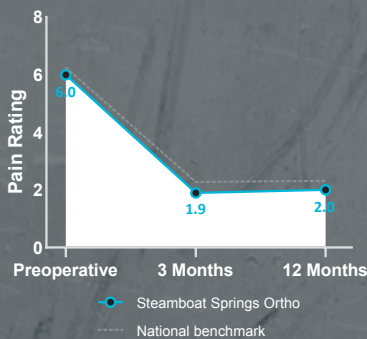


SPINE | Anatomical Region

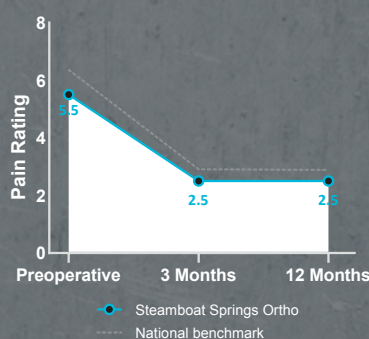


## SPINE OUTCOMES

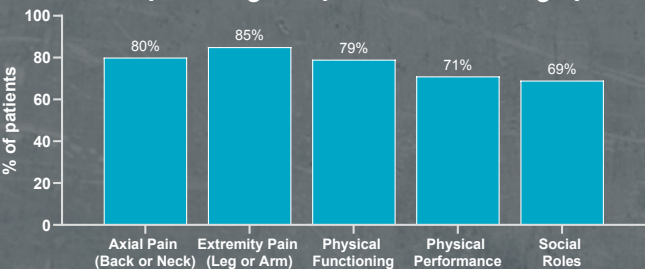
SPINE | Extremity Pain (Leg or Arm Pain)



SPINE | Axial Pain (Back or Neck Pain)



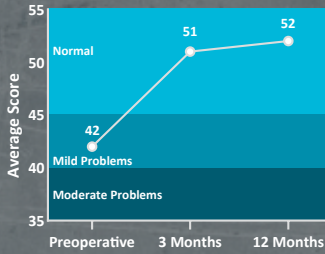
SPINE | Percent of Patients Achieving Clinically Meaningful Improvement After Surgery



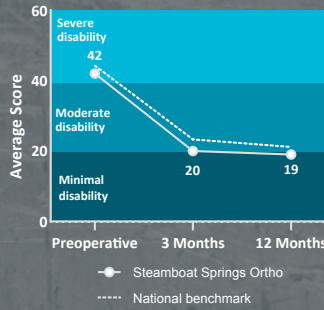


## SPINE OUTCOMES

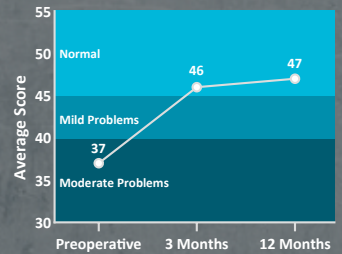
SPINE | **Ability to Participate in Social Activities**



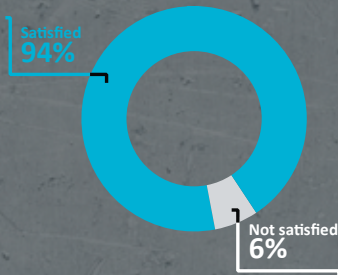
SPINE | **Physical Disability (ODI/NDI)**



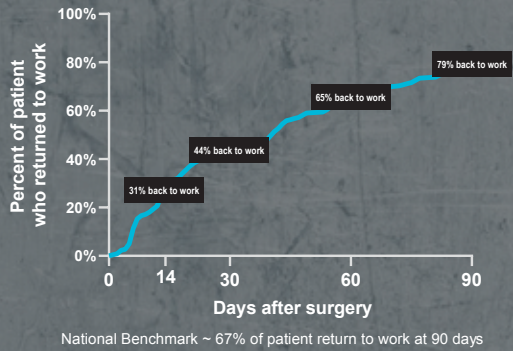
SPINE | **Physical Performance**



SPINE | **Satisfaction with Surgery**



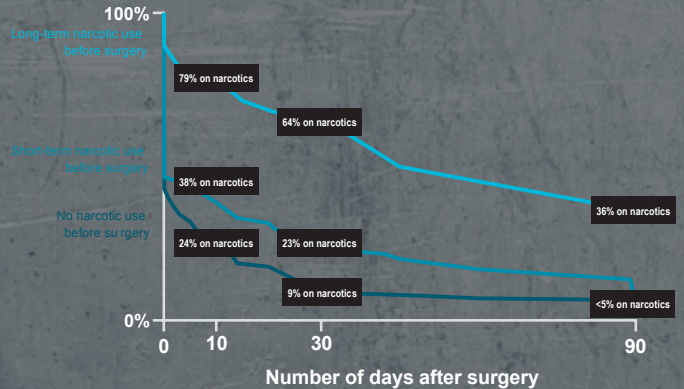
SPINE | **How Soon do Patients Return to Work?**



SPINE | **Percent of Patients Reporting Their Expectations Were Met**

Reduced leg/arm pain	92%
Reduced back/neck pain	93%
Improved walking	85%
Improved sport performance	83%
Improved physical capacity	86%
Improved social interactions	74%
Improved mental well-being	79%

SPINE | **What Percent of Patients are Taking Narcotic Pain Medicine After Surgery?**

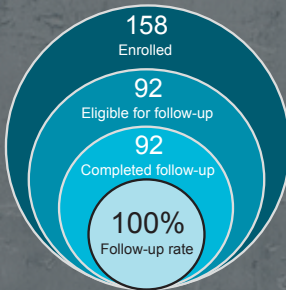




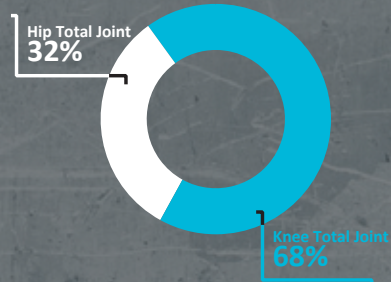
## JOINT DESCRIPTIVE

Patient Data Collected Since 2018

### JOINT | 3 Month Follow-up Rate

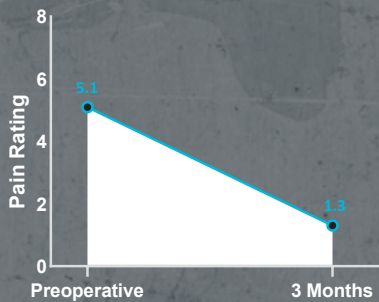


### JOINT | Anatomical Region

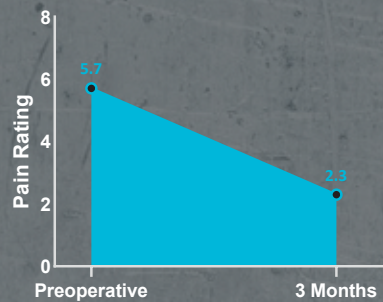


## JOINT OUTCOMES

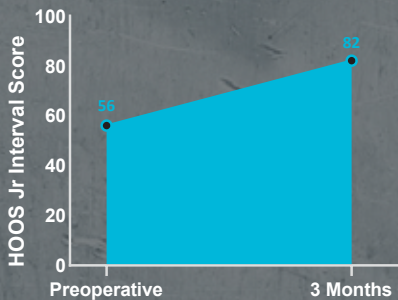
### JOINT | Hip Pain



### JOINT | Knee Pain

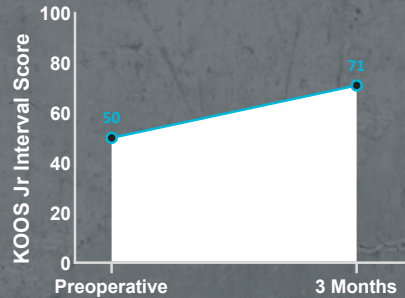


### JOINT | Hip Score



Higher scores indicate patient is doing better

### JOINT | Knee Score

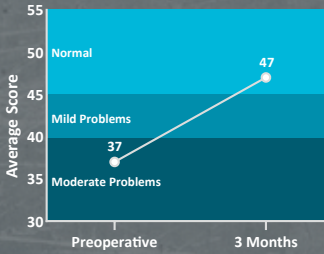


Higher scores indicate patient is doing better

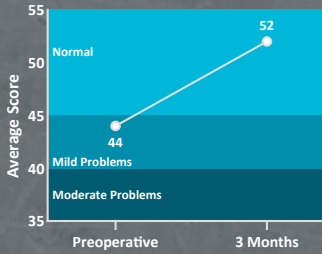


## JOINT OUTCOMES

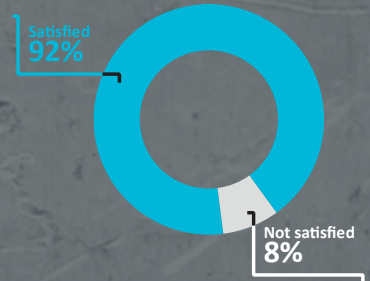
### JOINT | Physical Performance



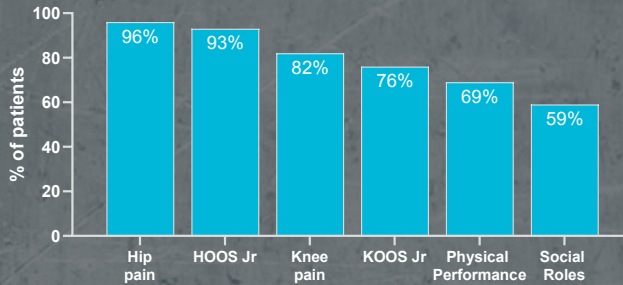
### JOINT | Ability to Participate in Social Activities



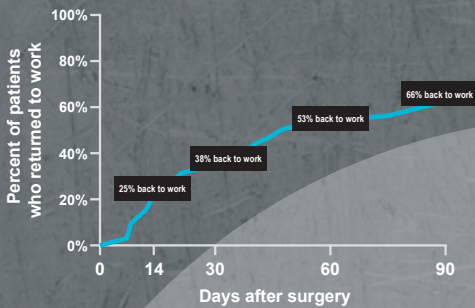
### JOINT | Satisfaction with Surgery 3 Months



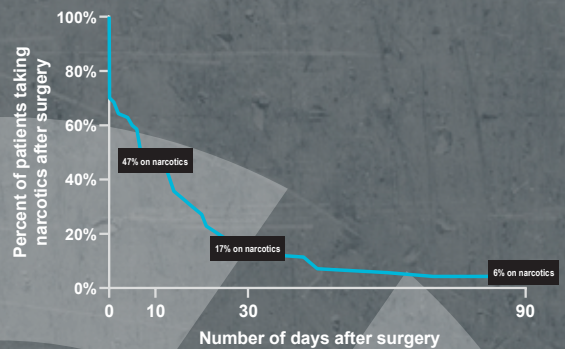
### JOINT | Percent of Patients Achieving Clinically Meaningful Improvement After Surgery



### JOINT | How Soon Do Patients Return to Work?



### JOINT | What Percent of Patients are Taking Narcotic Pain Medicine After Surgery?







## OUR DOCTORS

MICHAEL SISK, MD | ANDREAS SAUERBREY, MD | ALEXANDER K. MEININGER, MD  
BRYAN BOMBERG, MD | PATRICK JOHNSTON, DO | CLINTON DEVIN, MD  
ALEXIS TRACY, DO | KAARE KOLSTAD, MD | ADAM WILSON, MD | ALEJANDRO MIRANDA, MD

## CALL TO MAKE AN APPOINTMENT

STEAMBOAT SPRINGS, COLORADO | 970.879.6663

ROCK SPRINGS, WYOMING | 307.448.3220



[www.steamboatortho.com](http://www.steamboatortho.com) | [info@steamboatortho.com](mailto:info@steamboatortho.com)

940 Central Park Drive, Suite 280, Steamboat Springs, Colorado

4401 College Drive, Rock Springs, Wyoming

